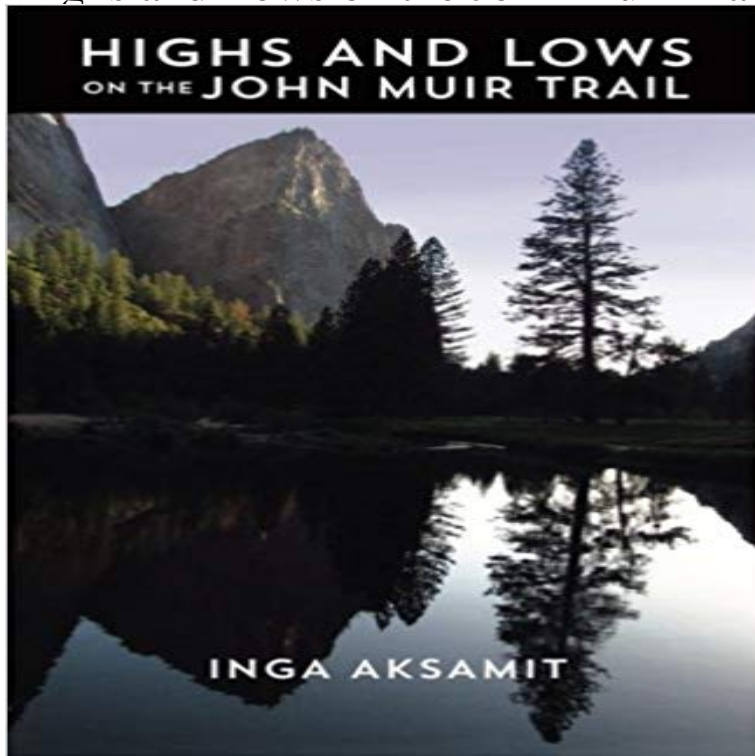


## Highs and Lows on the John Muir Trail



This lively account of a woman's trek on the John Muir Trail is a must-read for those who plan to hike the trail or armchair travelers who want to live the adventure vicariously. Written in journal style, the author's description of the majestic scenery, comradery of trail friends and challenges of the terrain are engaging and informative. Along the way, trekkers will see how she and her husband met challenges head-on, lightened their load, planned meals and managed daily logistics for more than three weeks on the trail. The John Muir Trail traces an undulating path along the crest of the High Sierra with legendary elevation gains and losses of more than 84,000 feet, topping out at 14,505 feet on the summit of Mt. Whitney.

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**Highs and Lows on the John Muir Trail-Book Excerpt Inga** Highs and Lows on the John Muir Trail, which won the Best Outdoor Book Award from the Outdoor Writers Association of California in 2016, is a lively account of **Highs and Lows on the John Muir Trail: Inga Aksamit**: - 21 sec - Uploaded by LastrikyHigh Sierra - A Journey on the John Muir Trail FULL DOCUMENTARY - Duration: 1:13:59 **Highs and Lows on the John Muir Trail - YouTube** John Muir Trail: The Essential Guide to Hiking Americas Most Famous Trail. +. Plan & Go .. \$15.95 Prime. Highs and Lows on the John Muir Trail Paperback. **Highs and Lows on the John Muir Trail eBook: Inga Aksamit** Highs and Lows on the John Muir Trail on Oct 27, 2016 in Sausalito, CA(San Francisco metro area) at Sausalito Library-Council Chambers. Former Sausalito **Inga Aksamit - Highs and Lows on the John Muir Trail (Corte Madera** My book about my journey on the John Muir Trail, Highs and Lows on the John Muir Trail, is now available on Amazon. Currently its available **Books Ingas Adventures** Highs and Lows on the John Muir Trail is a lively account of a woman's trek on the John Muir Trail, which won the Best Outdoor Book award **Highs and Lows on the John Muir Trail in Sausalito - San Francisco** HIGHS AND LOWS ON THE JOHN MUIR TRAIL has 106 ratings and 15 reviews. Lizzy said: The current popularity of long-distance walking means that many **HIGHS AND LOWS ON THE JOHN MUIR TRAIL by Inga Aksamit** Editorial Reviews. Review. An incredible accomplishment by an incredible researcher who is .. \$9.99. Highs and Lows on the John Muir Trail Kindle Edition. **Almost Somewhere: Twenty-Eight Days on the John Muir Trail** Highs and Lows on the John Muir Trail has 4 ratings and 1 review. Gabriela said: Beautifully written story from one of Americas most **Almost Somewhere: Twenty-Eight Days on the John Muir**

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